

**MUSCLE SHOALS CITY SCHOOLS**  
**Opt-in for Mental Health Services & Ongoing School Counseling Services**

**PRINT CHILD'S NAME:** \_\_\_\_\_ **GRADE:** \_\_\_\_\_  
**TEACHER/HOMEROOM:** \_\_\_\_\_

**I acknowledge receiving the annual notification of School-Based Counseling, Mental Health Services, and Ongoing School Counseling Services provided by the Muscle Shoals City Schools.**

**As of the date of my signature below, my child (named above) is under the age of 14 yrs. old:**

- Yes
- No

**If No, stop here. This form is not necessary for children 14+ years of age.**

**If Yes, continue below.**

**I hereby give my permission for my child to participate in the following mental health services and/or ongoing school counseling services requiring a mental health therapist or other mental health therapeutic license if deemed necessary and appropriate by school personnel.**

**[must check the box for each mental health service you want to be available to your child]**

- Individualized or group ongoing counseling and/or therapy** - provided by mental health therapists or other licensed mental health professional(s)
- Formal assessments/surveys administered by licensed mental health professionals** - includes questionnaires provided to students related to social behaviors, feelings, etc.
- Crisis intervention** - immediate assistance by a mental health professional for a specific situation (unless immediate intervention is needed to safeguard the health and safety of the student or others).
- School-Based Mental Health** - Ongoing counseling services that are therapeutic in nature by school professionals or private practitioners in the school setting. **[Note: Parent or legal guardian's permission will be obtained during an intake meeting before services are provided.]**

You may rescind permission for a student to participate in mental health services or ongoing school counseling services at any time by providing written notice to the school administration.

**PARENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_/\_\_/\_\_